

This is the glasse

of helthe: A great Treasure

for poore men, necessary and nedeful for
euery person to loke in, that wyll kepe
theyr body from syckenesses and dys-

seases. And it sheweth howe the
Planettes reygne euery houre

of the daye and the nyght,

with the Natures and rypositions of
the .xii. Sygnes. deuyded by the

.xii. Monthes of the yere.

And after foloweth of all the euyl and daun-
gerous dayes of the yere. And sheweth the
remedyes for dyuers Infympties and
dysseases that hurteth the body of man.

These
Ben the .iii.
peryllous
Mondays
in the yere
to let blode
or to take
any medy-
cine or put



daye of Apryll. And the thyrde is the laste
Mondaye of Decembre.

gation on
that is for
to sayn.

The fyrste
Mondaye
of August

And the se-
conde is the
laste Mon-

daye

The Prologue of the Auctoure.



Do you well to wytte, that this
Boke profyteth greatly to every
Surgyon, for to knowe in what
Sygne, or in what degree of the
Sygne the Sonne & the Moone
sytteth every day. In any of the. vii. Sygnes
And not onely it is profytable to Surgions
but also to Whesycions, and Barbores, and
to all that vse to gyue Medycines, or lapaty-
ues, or so vse any Passyons, or Lettynge, or
Lettynge of blode. For as the Sonne passeth
through all the. vii. Sygnes, in the space of a
yere, abydyng in a Sygne. xxx. dayes, right
so doeth the Moone passe through all the. vii.
Sygnes, that in. xxx. dayes abydyng in a
sygne. lx. houres, and as the Moone amonge al
Planettes is nexte the earth in course, So he
hath moste effecte of workynge, in these earth
ly thyngs after the dyposycion of the Nature
of the Sygnes that he hath his course in. And
therfore it is full good and necessary truely to
knowe the state, the course, & the nature of the
Moone. For thereby a man maye knowe whan
it is good to begyn many dyuers thynges, &
whan it is not good. And also what wether
moste lykely is to fallie, after the nature of the
Sygnes, whether drye, or moyste, hote, or colde
de

be, there shall folowe after the Nature of the
 Sygnes that he is in. In dyuers cōiunctions
 of planetes, that is ioyned therewith. And ther
 fore naturally in ordie, I purpose me to decla
 re shortly in the thyrde Chaptur, the nature,
 & the state of euery Sygne that he passeth by.

¶ Thus endeth the Prologue.

¶ And here foloweth the Table.

The fyrst Chapter of the Boke, sheweth
 of the. vii. dayes of the weeke, with theyr
 Planettes. Capitulum. Primum.

¶ And howe the Planettes reygne, in euery
 houre of the day & of the nyght. And the fyrst
 is the houres of the Sondaye. Capitulo. ii.

¶ And also the natures and expossycions of
 the. xii. sygnes, deuyded by the. vii. monethes
 of the yere. Capitulo. iii.

¶ And after foloweth the euyl and peryllous
 dayes of the yere. Capitu. iiii.

¶ And fyrst ȝ remedyes for ȝ pestilence. Cap. v.

¶ Also for to spurge the hed. Capit. vi.

¶ And also to spurge the hed. Capit. vii.

¶ Also for the hed ache. Capitu. viii.

¶ For a kynge of the hed. Capit. ix.

¶ For the tothe ache. Capitu. x.

¶ For the ache of a holowe tothe. Cap. xi.

¶ Also

Also for the tothe ache. Capitu.	xxix.
Also for the tothe ache. Cap.	xxx.
Also yet for the tothe ache. Cap.	xxxi.
For stench in the month. Cap.	xxxii.
For stynkyng brethe. Capitulo.	xxxiii.
For ache & wormes in the eares. Ca.	xxxiiii.
A specyall water for poyson, and specyally agaynst the Pestylence. Capitulo.	xxxv.
For wateryng the yen. Cap.	xxxvi.
For red dierd yen. Capitu.	xxxvii.
For yen that be dafuned or dryke, Ca.	xxxviii.
A precyous water for the syght of the yen. Capitulo.	xxxix.
For the pynne, and the webbe in the yen. Capitulo.	xl.
For all cuylls in the yen. Capi.	xli.
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For a stenchyng brethe. Capitu.	xliii.
For a hote swollen stomacke. Ca.	xliiii.
For the stomacke that aketh, that cometh of colde. Capitu.	xlv.
For to forse the stomacke. Cap.	xlv.
For the stomacke and the bely that aketh. Capitulo.	xlv.
For a man that is sycke at the stomacke, or in the bely, or at the herte, or hed, or were bytten with any venomous beest, or poysoned ca.	xlv.
For rysyng vnder the stomacke. ca.	xlv.
A good	

A good playster for the rysynge vnder the stomacke capitul.	ppvi. i.
For hete in the stomacke cap.	ppvii. i.
For brennyng in the stomacke ca.	ppviii.
For to auoyde flume oute of the stomacke, and also of the hzade capi.	ppix.
For all euyls in the stomacke ca.	ppxi.
For a desease at the herte cap..	ppxii.
For weakenes of the herte capi.	ppxiii.
For fayntenes of the herte capi.	pl.
For the brest that is encombred ca.	pli.
For a man, woman, or chyld, that is broken in the belly capi.	plii.
A playster to knyght hym capi.	pliii.
For the playster in Maye ca.	pliiii.
For to breke wynde in the belly ca.	plv.
For a swollen wombe cap.	plvi.
For a kynge of the wombe cap.	plvii.
For the herte brennyng cap.	plviii.
For sore sydes within forth ca.	plix.
Contra telam & maculam in oculo ca.	l.
For a womans pappe that is sore ca.	li.
For the L yuer that is corrupted and wasted capitulo	lii.
For heate in the L yuer ca.	liii.
Also for hete in the L yuer of a man that his colour is yelow ca.	liiii.
For a mans brest & is encombred ca.	lv.
	for

For a man that hath wormes in his bellye/ and his body be lene capitulo.	lvi,
For the brest and the lunges ca.	lvii,
For to auoyde & destroy flume ca.	lviii,
For the Stone capitulo	lix,
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For a man that is lepre, and it take in his legges. and go vppwarde ca.	lxii,
For a dertie in a mans fleshe ca.	lxiii,
For a sauceflume dysage ca.	lxiiii,
For hym & cannot holde his water ca.	lxv,
Another for the same ca.	lxvi,
For to destroy fleume ca.	lxvii,
For a wombe that is harde ca.	lxviii,
For the bloody mencion ca.	lxix,
For a mans stones that be swollen ca.	lxx,
For to make one skender ca.	lxxi,
For hym that lacketh wynde ca.	lxxii,
For hym that is costyfe ca.	lxxiii,
For a wycked blast in the dysage ca.	lxxiiii,
For the Shynghles capi.	lxxv,
For the Koughe capi.	lxxvi,
For the peryllous Koughe ca.	lxxvii,
Also for the chynke coughe ca.	lxxviii,
For the Itche capi.	lxxix,
For to drawe a hyle, from one place to anot her capitulo	lxxx, for

¶ For Sym that pysseth blode cap.	lxxxvi,
¶ For him that hath lost his minde ca.	lxxxvii,
¶ Another for the same ca.	lxxxviii,
¶ For hym that hath the frensy ca.	lxxxix,
¶ If one cometh to moche ca.	lxxxv,
¶ For a disease in the eares ca.	lxxxvi,
¶ For a man that his eares sowe within,	
Capitulo	lxxxvii,
¶ For synewes that shrinke after & they haue	
ben hurt and heled agayn ca.	lxxxviii,
¶ For to staunche blode ca.	lxxxix,
¶ Also to staunche blode ca.	lxxxv,
¶ For an Empoistume ca.	lxxxvi,
¶ For spyttyng of blode ca.	lxxxvii,
¶ For wyld fyre that is called the fyre of Hell	
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¶ For byttinge of a mad dogge ca.	lxxxix,
¶ For to do awaye a wen ca.	lxxxv,
¶ For to breke a felon in a night ca.	lxxxvi,
¶ For the megrym ca.	lxxxvii,
¶ For the morfetwe ca.	lxxxviii,
¶ For to stop the flype ca.	lxxxix,
¶ For the Canker/wylde fyre / et ignis sancti	
Antonii capi.	c,
¶ For to make here growe ca.	c,i,
¶ For to do awaye heare ca.	c,ii,
¶ For a scalde heade ca.	c,iii,
¶ For the yelowc Jaundes ca.	c,liii,
	for

For the blacke Jaundes capitula.	c. B.
for wormes and hete in the handes ca.	c. vi,
for the Gowte capi.	c. vii,
for soie knees & doth swell & ake ca.	c. viii,
for the fallynge euyl ca.	c. ix,
Also for Brennyng or scaldynge ca.	c. x,
Also for Brennyng with fyre ca.	c. xi,
To hele hurtes and woundes ca.	c. xii,
To make a salve to drawe & to hele ca.	c. xiii,
for stingynge of adders & snakes ca.	c. xiiii,
for hym that can not slepe ca.	c. xv,
for the Walsey capi.	c. xvi,
A good drynke for the poxe ca.	c. xvii,
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for spottes of the morfelwe ca.	c. xx,
To put away the morfelwe ca.	c. xxi,
for a Chylde that is towe fall, or molde fall, or rose fall ca.	c. xxii,
for the moder Capitula	c. xxiii,
for all feuer Agues, and for yonge chyl dren suckynge the brest capitula	c. xxiiii,
for to destroye poyson capi.	c. xxv,
For the Ague infected with the pestylence Capitula	c. xxvi,

¶ Finis Tabula.

And hereafter foloweth the vii. dayes of the
weke, with the Planettes Cap. xii.



A these vii. Planettes
you ought to know & the Soday
hath his doynges vnder & Sone

The Monday vnder & Moone

The Tuesaye vnder Mars /

The Wednesdaye vnder Mercury /

The Thursdaye vnder Jupiter /

The Frydaye vnder Venus /

The Saturdaye vnder Saturne.

Note well / that all the true acte & opera-
cion ought to be made vnder this planet, and
is best and it be made on his proper daye, of
the Planet, and the houre proper exempte,

Vnder Saturne is the lyfe edysce / doctry-
ne and mutacion compynse,

Vnder Jupiter obtayne honoure / rycheesse
and gaye costly garmentes,

Vnder Mars / battayle / pryson / matyage /
and ennemytie,

Vnder the Sonne / esperance / gayne / for-
tune / and herytage,

Vnder Venus / loue / socyete / lyfe lonyngs
and walkyngs abroad,

Vnder Mercury / sycâenes / myserye / debte /
and fearefulness,

Under the Moone / slouth / enyll thoughtes
and theste.

There foloweth howe the Planettes reygne
in euery hoare of the daye, and of the
nyghte, And the fyrste is the
houres of the Son;
daye La.ii.

The houres of the Sondaye
The fyrste hoare of the sonday reygneeth
Sol, the seconde Venus, the thyrde Mer
cury, the fourth Luna, the fyfth Saturne, the
vi. Jupiter, the seuenth Mars, the eyght Sol
the nynt Venus, the tenth Mercurye, the ele
uenth Luna, the twelfth Saturne

The houres of the Sonday nyght
The fyrste hoare is iupiter, the.ii. mars, the
iii. sol, the iiii. Venue, the v. mercury, the vi. lu
na, the vii. saturne, & viii. iupiter, the ix. mars
the x. sol, the xi. Venus, the xii. mercury

The houres of the Mondaye
The fyrst hoare luna, the ii. saturne, the iii.
iupiter, the iiii. mars, the v. sol, the vi. Venus,
the vii. mercury, the viii. luna, the ix. saturne,
the x. iupiter, the xi. mars, the xii. sol

The heures of the monday nyght
The fyrst Venus, the ii. mercury, the iii. lu
na,
na,

na, the iiii. saturne, the v. iupiter, the vi. mars
the vii. sol, the viii. Venus, the ix. mercury the
x. luna, the xi. saturne, the xii. iupiter

The houres of the tuesday

The fyrst mars, the ii. sol, the iii. Venus, the
iiii. mercury, the v. luna, the vi. saturne, & vii.
iupiter, the viii. mars, the ix. sol, the x. Venus
the xi. mercury, the xii. luna

The houres of the tuesday nyght

The fyrst saturne, & ii. iupiter, the iii. mars
the iiii. sol, the v. Venus, & vi. mercury the vii.
luna, the viii. saturne, the ix. iupiter, the x.
mars, the xi. sol, the xii. Venus

The houres of Wednesday

The fyrst mercuri, the ii. luna, the iii. satue
ne, the iiii. iupiter, the v. mars, the vi. sol, the
vii. Venus, the viii. mercury, the ix. luna, the
x. saturne, the xi. iupiter, the xii. mars

The houres of the Wednesday nyght

The fyrst sol, the vi. Venus, the iii. mercury,
the iiii. luna, the v. saturne, the vi. iupiter, the
vii. mars, the viii. sol, the ix. Venus, the x. mer
cury, the xi. luna, the xii. saturne

The houres of the thursdave

The fyrst iupiter, the ii. mars, & iii. sol, the
iiii. Venus, the v. mercury the vi. luna, the vii.
saturne, the viii. iupiter, the ix. mars, the x.
sol, the xi. Venus, the xii. mercury

h. ii.

The

The houres of thursday nyght

The fyrste luna, the.ii. saturne, the.iii. iupiter, the.iiii. mars, the. v. sol, the. vi. Venus, the vii. mercury, the. viii. luna, the. ix. saturne, the x. iupiter, the. xi. mars, the. xii. sol

The houres of the frydaye

The fyrste Venus, the. ii. mercury, the. iii. luna, the. iiii. saturne, the. v. iupiter, the. vi. mars the vii. sol, the. viii. Venus, the. ix. mercury, the x. luna, the. xi. saturne, the. xii. iupiter

The houres of the fryday nyght

The fyrste mars, the. ii. sol, the. iii. Venus, the iiii. mercury the v. luna, the vi. saturne the vii. iupiter, the viii. mars, the ix. sol, the x. Venus, the xi. mercury, the xii. luna

The houres of the saturdaye

The fyrst saturne, & ii. iupiter, the iii. mars the iiii. sol, the v. Venus, the vi. mercurye, the vii. luna, the viii. saturne, the ix. iupiter, the x. mars, the xi. sol, the xii. Venus

The houres of the saturday nyght

The fyrst mercury, the ii. luna, the iii. saturne, the iiii. iupiter, the v. mars, the vi. sol, the vii. Venus, the viii. mercurye, the ix. luna, the x. saturne, the xi. iupiter, the xii. mars.

Note Well?

**Note that Jupiter and Venus Ben good/
Saturne and Mars euill/ Sol and Luna in
dyf**

dyfferent. Mercury is good with them that be good, and euyl with them that be euyl.

Also note well that the houres of the planettes ben dyfferent to them of the Clockes, for the houres of the Clockes be egal alwaies of .xl. mynutes, but they of the planettes whā the day & the nyght ben egal, that the Sōne is in one of the Equinoces they be egal, but as soone the daies longeth or shorteth, so doth the naturall houres, by this it is conuenient al way, for the day to haue .xii. temporal houres and the nyght .xii. temporal houres. And whā the dayes ben longe, and the houres longe, & the dayes shorte, and the houres shorte, in lyke wyse is the nyght. And neuertheles an houre of the daye, and an houre of the nyght, bothe togither haue .xl. mynutes, as for two houres Artysficiales, that the one lyueth, the other taketh. And thā take we our planettes from the Sōne risynge, and not before vnto the sonne goynge downe, and than all the remnaunt is nyghte. And so aboute the month of Decembrie the dayes haue but .viii. houres Artysficiales of the clockes, and they haue .xii. temporales, than lette the .viii. houres Artysficiales be deuyded in egal parties, and it shalbe .xii. tymes .xl. mynutes, and euery partye shalbe a temporall houre, that shalbe of .xl. mynutes,

and no mo? Thus in Decembre the temporal
houres of the day, haue but .xl. mynutes, but
the houres of the nyght haue .lxxx. mynutes
For in that tyme the nyghtes haue xvi hours
Artyscialles, yf they ben deuyded in xii par
tes ben lxxx mynutes, For euery temporall
houre of the night in decembre haue lxxx my
nutes & xl For an houre of the day be vi score
minutes in two temporall houres as many in
two houres Artyscialles, that ben eche of xl
mynutes? In the moneth of June is the con
trary / In Marche and in Septembre all hou
res ben egall / as is the dayes in other mones
thes by egall porcyon.

**¶ Thus endeth the vii Planettes / Upon
the seven dayes in the weeke**

**¶ And hereafter foloweth the natures,
and expossicions of the xii Syg
nes / deuyded by the xii
Monthes of the yere
Capitulo lii.**

**¶ Marche hath the sygne of the Ram
And is indyfferent for takynge
of purgacion, And is very
good to let blode.**

Actes



Ries is a sygne mouable hot
and drye, colorpke, nature of
the fyre and hath lordshyp in
mans head and the face, and
the partres longynge to the
heade, whan the Moone is in
that sygne, beware of cuttyng in the head or
in the face, or in any Bayne that logeth to the
head. Also it is peryllous in the begynnynge of
Aries to take any heade ache, or any hurtynge
in the head, for it were token of longe during
or else of deth, but it is not so peryllous in the
end of it, and this sygne is mouable orientall
and of masculyne kynde, than is good to wor-
ke at thynges that is wrought with fyre, and
it is good to take vyages toward the East, &
it is good to let blod on the arme, and to bath
the, and to sowe sedes and to make matrimo-
nies, and to begyn all good werkes that thou
woldest sonne ende, and is euyl to do thynges
whiche thou woldest haue longe last, for as mo-
che as the Ram is a best that roungeth, & ca-
steth vp again the meate that he eateth tofore.
Therefore than there shulde no medycyne, nor
no passion be take inward, whyle the moone
is in that sygne, for all naturall medycynes,
and passyons receiued in that tyme, men shul-
de cast them vp agayn, and so it falleth in all
the

the sygnes that ben rounngyng, as Aries, and
Taurus and Capricorne, and the laste parte
of Sagittary. In all these there shuld no pas
sions be ggyuen for drede of castynge vp agay
ne, for this sygne aryseth out of the Dryente
and causeth the tyme to be hote and drye.

The man that is borne vnder the sygne of
Aries, by kynde of complexion is Coloryke/
and shal be wytty and wylde, slye, and descey
uable/ small of bones/ yelow of coloure, and
kynde of hert. The sonne entreth in the sygne
of Aries, the xv. Kalen of Marche, and dwel
leth therein vnto the xvi. Kalendas of Apryll

And in this moneth of Marche is iii. peryl
lous dayes to take any sycknes vpon, that is
to saye/ the xv. xvi. and xix.

Apryll hath the Sygne of the Bull,
And is euyl for to take purgacyon,
And also is euyl to let blode.

The Moone beyng in Taurus, that is
the sygne of the Bull, the which syg
ne reygneeth in the necke and the throte, it is
than peryllous to be ventused in the necke or
to cathe or take sycknes in the throte and mo
che more peryllous in the begynnyng than is
in the ende, this sygne is stedfast Meridionall
that

is of the South partie, he is colde & dry earth
ly and of femynine kynde / and melancoly of
complexion, it is than good to some sēdes, to
plant trees & vines, for they shal redely grow
and it is good to bulde housynge, and to wed
a wyfe, and euery thyng to do that thou wol-
dest haue long to endure, and stably to abide
it is euyl to begyn batayle or to fyght, for it
canseth the tyme to be colde and drye, and the
wynde to haue his course nyghe the erth, and
the skyes to slepe abrode by the earth.

The man that is borne vnder this sygne is
by kynde of cōplexion melancoly vnstable &
vntreue, white lyuered and scarce of his purse.
The Sonne entreteth in the sygne of Taurus,
the .xv. Kalēn. of Apryll, and dwelleth therein
tyll the .xv. Kalendas of Maye.

And in this month of Apryll, is .ii. pery-
lous dayes to take any maner of syckenes on
that is to say the .xvi. and the .xxi.

Maye hath the sygne of two Twynnes /
And is indyfferent to take purgacion
And is euyl to set blode.

When the Moone is in Geminiye, that is
the sygne of .ii. Twynnes / or two chyl-
dren of one byrthe, the whiche sygne reygneth
Cal. in

in the armes and handes of man. This sygne
is double bodied and Occidentall, & is of the
West partie, and is sanguyne of complexion
hote and moyste after the aye. In that tyme
beware of cuttyng in the shulders, armes, &
handes, nor in that tyme open no Bayne i tho
places. It is good that time to treat of friend
shyp, & whan the moone is in the sygne of Ge
miny, beware of lettynge of blod for it is cuyll
and specyally in the blumes, for Gemini go
verneeth them. And yf one take the sycknes in
an howse and dye, all the other ben in greate
daunger to dye of the same.

The man that is borne whyle the moone is
Under y lordshipp of this signe, he shal by way
of kinde be very wyse, preuy, and true, he shal
haue iii. wyues, & he shal trauaile mighty fast
to purchase worshipes. The sennē entreteth in the
sygne of Gemini, the xv. kalē. of May, &
dwelleth therein tyll the xvi. kalē. of June.

And in the month of May is iii. dangerous
dayes, that is to say, the vii. the xv. & the xx.

June hath the Sygne of the Cr. uys/
And is good for to take purgacion,
And is indyfferent to let blod.

Cancer is a sygne mouable / cōld & moyst
flur

flumatyke and watery, and hath of mannes body the brest, and the stomacke, the spleen and the rybbes, whan the moone is in this sygne, it is good to begyn a way by water, & is mete ly good to take medicines, but beware to wed any maide, whan the sygne is in Cancer. And yf any man take sycknes in any tyme whyle the moone is in the sygne of Cancer, it is gret fortune yf he dye not, for it is peryllous both in the begynnyng and in the ende, this sygne is Deceptionall, that is of the North partye. Also it is euyl to buylde housynge, or to set trees, or to begyn any worke that shal last and endure longe.

The man that is borne whyle the moone entreteth in this sygne, he shal be flemynge of face, melancolious, faint herted and whyte of skynne, and he shal loue a woman which shal greue hym, & his defenye shal be harde in his youth, but whan he is past .xxx. yere, he shal haue a maladye in the raynes, and he escape, he shal lyue by kynde a .L. yere. The sone entreteth in the sygne of Cancer, the .xv. kalendas of June, and dwilleth therein vntyll the .xvi. kalendas of Iulye.

And in this month of June is two daungerous dayes to take sycknes vpon, that is to say, the .liii. and the .vii.

Iuly hath the Sygne of the Lyon/
And is euyl to take purgacion,
And Very euyl to let blode.



Leo is a Sygne stedfast
Orientall hote and drye, Lo
lozyke, nature of fyre, and of
masculyne kynd, and hath of
mannes body the spdes, & the
backe, synues, bones, & gristles, beware while
the moone reygneeth there, of Vetusyng or cut
tyng or harne catchyng in tho places, for it
is very daungerous in the ende of Leo to take
sycknes, more thā in the begynning, for than
he may releue by good gouernaunce and it is
euyl to gyue medycyne to the hert or stomac
ke, and the Daynes to touche with Iron.

A man that is born while y moone entreteth
in this sygne of Leo, by kynde he shalbe holde
easy, he shall take a wyfe a heady stronge wo
man, he shalbe loued as the Lyon amonge be
astes, and he shall haue great power amonge
stronge men. The sonne entreteth in this sygne
the .xxv. Kalendas of Iuly, and dwelleth ther
in tyll the .vi. Kalendas of August.

And in this month of Iulye is alidanger
rous dayes to take any sycknes vpon/that is
to saye, the .xxv. and the .xxvi.

Aug

August hath the Sygne of a Virgyn /
And is euyl for to take purgacion,
And is indyfferent to let blode.



Virgo is a Sygne double Bodied
Meridionall, that is of 2 South
partie colde and drye Melancolp
of cōplexion, nature of the erth,
and of Temyne kynde, & hath
of mans body, the wombe, medryse, & guttes,
the lyuer, Galle, and milke. But chesely in the
lymes Beneth the medryse, than beware of bre
kyng, or cuttyng on the bely or the prey place
withinforth. Also it is perillous for a man
to take any speken in the begynning therof
but not so peryllous in the ende, but rather to
ken of helth, it is not good to wedde a mayde
for she shalbe barayne, but it is good to wed
a wydowe. The man that is borne Under this
sygne, he shalbe wel loued, and a man of gret
pytie and wyse, and lyue moch in ease, he shal
be of good name amonge all maner of mē, he
shal haue worsipp in his age, he shall haue a
sygne in 2 hed. The soñe entreteth in the sygne
of Virgo the. xv. kalen. of August, and dwel
leth therein vnto the. xvi. kalen. of Septembre
And in this montye of August is. ii. peryll
lous dayes to take any maner of speken on
that is to say, the. xix. and the. xx.

September hath the sygne of the balance
And is good for to take purgacion,
And is very good to let blode.



Libra is a Sygne meua le hot &
morst sanguinarie, and hath
the cuerpatte of a man, & the nes
ther ende of a woman, that is to
saye the nauell the rapres, & the
lowe pattyes of the wombe & the share, when
the moone is in Libra, it is good to let blode, &
is best to make medycynes for the nauell, and
to do all thinge that thou wold haue brought
to the ende and this sygne is Occidentall san
guine of complexion, and of masculine kinde
and is good to begyn that it shal longe last, &
knowe well from the degre of Libra, to the de
gre of Scorpio, it is euill to begyn dyuers
thynges, for the moone is in tyme in the worst.
The man that is born vnder this sygne, he
shal be wel beloued, and good shal neuer fayle
hym, he shal haue a sygne in the necke or in the
shoulder bone, he shal be in great peryll tyll he
be 62. yere olde, & then shal he com to gret
worshyp. The sonne entreteth in the sygne of
Libra the .xv. kalend. of Septembre, and dwel
let therein tyll the .xvi. kalendas of Octobre.
And in this month of Septembre is .iiij. pes
tyll

tyllous dayes to take any maner of syckenes
on, that is to say, the. vi. and the. vii.

Octobre hath the sygne of a Scorpion/
And is good for to take purgacion,
And is indyfferent to let blod:.



Scorpio is a sygne of a Ser-
pent colde and moyst, Plus
matyke nature of water sep-
temtryonall, that is of the
Northe partie, and hath: of
mans body the pryue mem-
bres and the bladder, and whan the moone is i

this sygne, it is good to gyue medycines to þ
membres of man & woman, and to take lapa-
tyues, and to make all thynge that shal last
longe, and it is good make a way by water.

The man that is borne vnder this Sygne
shall loue well the company of women, & shal
ue other mens herytages, he shalbe melanco-
licous, his wordes shal turne wel in age, he shal
be in traua yle, and in the head he shal haue a
token or in the face, he may lye by kynde pl-
yeres. The sonne entreteth in the sygne of Scor-
pio, the .xv. Kalen. of Octobre, and dwelleth
therin tyll the .xvi. Kalendas of Novembre.

And in the month of Octobre is one peril-
lous daye, that is to say, the. vi. daye.

Nouembre hath the sygne of the Archer/
And is good for to take purgacion/
And also it is good to let blode.



Do you to wyt that Sagittarius is a sygne of an Archer & is double bodied, hote and dry nature of the fyre, and is coloryke of complexion, & of masculine kinde orientall, that is of the East partie, and this sygne reygneeth in the thies & lad doges of a man, & beware of cuttyng of tho places, and than is good to let blode, and to treate of peace, and to wed a wyfe, & to make all medycynes that is made with fyre.

The man, that is borne vnder this Sygne shalbe hasty and bolde to do folv, and he shall haue a sygne in the cheke, or in y^e shulders, he shalbe bytten of a dogge, he shall haue trouble and sore eye, he shal haue ii. wiues & the last shal begile him, & he shal wepe sicke at .x. winter, and he escape he shal lyue by way of kynd a .l. yere. The sonne entreth in this sygne of Sagittarius the xv. Kaleñ. of Nouembre, & dwelleth therein, tyl the xvi. Kaleñ. of Decem. And in the month of Nouembre, is i. peryllous dayes to take any maner of syknes on that is to saye the xv. and the xix.

¶ Dec

Decembre hath the sygne of the Goete /
 And is currell to take purgacion,
 And is currell to set blode.



Capricornus is a sygne moua-
 file and vnstedfast of the south
 partie endely cold and dry, me-
 lancoly nature of the erth, and
 of femynine kynde, and hath
 of mans body the knees, when

the Moone is in this sygne, it is good to make
 medycines to the knees, but beware of entryn-
 ge or hurtynge therof, for drede of touchynge
 the Senowes and Baynes, for it is peryllous
 whyle the Moone reygneeth there, and moche
 more greater peryll in the ende, than it is in
 the begynnynge.

The man y^e is borne vnder this sygne shall
 be wyse, faire, and hasty, and he shal haue a to-
 ken in the head or in the knee, he shal be melan-
 coly, & he shal lyue by kynde a. c. yere as Aste-
 nomyers sayth. The souer entreteth in the sygne
 of Capricornus, the .xv. kalend. of Decembre
 and dwelleth therein, till the .xvi. kalendas of
 the month of Januarie.

And in the month of Decembre is .vi. peril-
 lous dayes to take sycknes or any dysease on
 that is the .iii. vi. vii. ix. x. and the .xvi.

Januarie hath the sygne of the man / shed
dyng water, And is good to take purga
cion / And is indyfferent to let blode.



Aquarius is a sygne stedfast
Decydentall, that is of the
West partie hote and moyste
after the kynde of the eyre, &
Sanguine of complexion &
hath of mans body the shan
kes vnto the ende of the ancles and whan the
moone is in that sygne, it is good to set trees
& to build, & to wed, & is euyl to take sycknes
in all þe tymes while þe moone reigneth there.

The man þe is borne in the sygne of Aqua
rius shalbe worshipped, he shalbe good & true
and shalbe welbeloued, & haue often hedache
he shall haue a fall from ryches, but he shalbe
happie in the West countre, and he shalbe in pe
rill of water. The sonne entreteth in the sygne of
Aquarius the xv. kalen. of January, & dwel
leth therein tyll the xvi. kalen. of February.

And in this month of Januarie is. vii. per
tyllous dayes to take syckenes, that is to say
the. i. ii. iiii. v. vi. vii. and the. viii.

Februarie hath the sygne of. iiii. Fysshes /
And is good for to take purgacion,
And is indyfferent to let blode.



Difce is a sygne comen dou-
ble bodied. Septentrionall,
colde, dryft, and watery, flu-
matyke of coplacion, and of
feminine kynde, and hath of
mans body the feete, than is
peryllous to let blod or open
any Vaine in that place, and if a man take spe-
kenes in any tyme of that Sygne, it is not of
ryghte great peryll, but it is good to go to
counseyll to accorde, and to make all thyng
that may go by water, and to make a thyng
that shall last longe.

The man that is borne Under this sygne of
Disces, shalbe a great lechour and go ferre in
traueylng, he shall haue an euyl hurt in his
head, in his youth he shal haue many malady-
es, he shall fall in water & escape, well he may
tine by kinde a. l. yere, & yf he wyl haue good
he must dwell in þ North. The sonne entreteth
in this sygne of Disces the. xv. kalen. of Fe-
buarie, and dwelleth therein tyll the xvi. ka-
len. of the month of Marche.

And in this month of Februarie, is. iiii. pe-
ryllous dayes to take any maner of specknes
on, that is to say the. viii. the. x. and the. xvi.

Here foloweth the euyl and peryllous
dayes in the yere Capitulo iiii.

d. ii.

May



Mystere of Physyke that this
Eraſte fyrſt founde, telleth the
fyrſte peryllous dayes, and the
moſte dangerous dayes in the
yere. In whiche yf any man or
woman be let blode of wounde or Baine, they
ſhal dye within xxi. dayes following. Or who
ſo falleth in any ſyckeneſſe in any of theſe day
es they ſhal neuer eſcape tyl they be deed. And
whoſo take any great iourney in any of theſe
dayes to go farre from home, he ſhal be in dan
ger or dye, or he come home agayne. And who
ſo weddeth a wyfe in any of theſe daies haſtely
they ſhal be departed, or elſe they ſhall lyue to
gyther with moche ſorrowe. And who ſo begyn
neth in any of theſe daies any great worke it
ſhall neuer come to good ende. And theſe ben
the dayes folowynge, that is to ſaye.

In Januarie are. vii. dayes, that is to ſay
the fyrſte, the ii. the iii. the iiii. the v. the vi. the
vii. and the viii.

In Februarie are. iii. dayes, the. iiii. the v.
and the. vi.

In Marche are. iii. dayes, the. vi. the. vii.
and the. viii.

In Apryll are. ii. dayes, the. vi. & the. vii.

In Maye are. iii. dayes, the. iiii. v. and vi.

In Iune are. ii. dayes, the. iiii. and the. v.

In

In July are .ii. dayes, the .xv. and the .xx.

In August are .ii. dayes, the .xix. & the .xx.

In Septēbre are .ii. dayes, the .vi. & the .vii.

In Octobre is one / the sypte daye.

In Nouēbre ar .ii. dayes, the .xv. & the .xix.

In Decembre are .iii. dayes, the .vi. and the .vii. and the .ix. Et alii dicunt .xv. and .xvi.

Also there are .iii. dayes in the yere as saint Bede telleth, in the which yf any man let him blod, or take any drynke to medycine, within the .vi. day, or the .xiii. day of ʒ month he shal dye / That is to say, the fyrste day of the month of August, the last daye of Decembre, & the .viii. day of the kalē. of April. Or whoso eate of a gose in any of these .ii. dayes, within xl. daies after he shalbe sicke & in peryl to dye

Also there is .iii. peryllous mondayes, that if any man or woman eate of any gose fleshe on any of these .iii. dayes, they shal haue ʒ falling euyl, and no bodely worke shal come to good ende that is begon i any of these .iii. dayes, that is to say, the fyrst monday i February the seconde the last monday of May, and the thyrde, the last monday of Septembre.

Who so wyllerne of the .iii. peryllous mondayes as clarkes sayen, in the whiche no man shulde be letten blode of wounde nor dayne.

For whoso be let blode in any of these dayes,
soone

some after he shall dye & that within .iii. dayes
And whoso that than taketh any medicine, he
shalbe in great daunger to dye. And whoso be
borne in any of these dayes, he shalbe accom-
panied throughe stronge deth, that is for to say,
The fyrst mondaye of August. The seconde
is the last mondaye of the same month. And
the thyrde is the last monday of Decembre:
And for this encheason many men drede and
feare eche mondaye.

¶ Who so wyll lerne the canyculer dayes, the
whiche be dayes of great daunger & peryll, as
Elerkes say, and they begyn the xv. kalen. of
Auguste, and endureth to the .liii. Nonas of
Septembre, in whiche season is very peryllous
to take sycknes, and it is also peryllous to ta-
ke drynkes or medycynes. or to let blode, but
yfit be for great nede, and that must be after
the myddes of the daye.

¶ Thus endeth the nature and expositions
of the .vii. Sygnes, deuoyded by the .vii.

Monthes of the yere vpon & lode

lettyng / with the mooste

dangerous dayes

for to do any maner of thyng

to wchynge Physycke

and any other.

¶ And

And here foloweth the Remedies for many
dyuers Infirmities and diseases / that
greueth and hurteth the body of man.

And fyrste for the Pestilence /
and the Remedy therfore.



POr the mooste nedefull
thing of al, yf so be that
this appere in any wyse
foresaid, is for to drawe
the botch by craft away
from the clensyng place
a great space fro the her
te. And that shal I tel the Sowre, and in al my
practysynge in Whyspyke this. xviii. yere, I
wyst it neuer fayle but twyse, and it was not
longe of the medycyne. And none other tyme
but of other defautes, the whiche I wyll not
write at this tyme, though it wyll expell it &
boyde it. Also loke in the tyme of Pestilence
that thy Lodwares be alway freshely washen
and after the wasshyng, loke that they be dyp
ped in fyne water of Rose, & on the same wy
se the kerchefe that thou lappest thy head in
on nyghtes, and let it dry by the fyre, and not
by the pestilence eyre. And whan thou lvest &
downe to slepe, lay vnder thy head, & vnder
the ende of thy pyllowe that is towarde thy by
sage

sage Roismary, I hope. soueraygne, Myntes
Wenyalepall, Loxey lenes, put in the mouthe
macyes and cloyce, or els Nutmeges, loke eue
ry day that thou take of fyne triacle proued y
quantite of a beane & a halfe. Also bere in thy
purse these maner of spyces. Macyes, Cloyces,
Mybybes, Canell, or els Cinamon, & chewe
therof, and eate therof, all tymes of the daye.
¶ And yf thou be a poore man, & may not at
tende to the costes of these thinges. Take tha
euery day fastynge. ix. sopes in fyne Dyncgre
of white wyne, or els of red wyne, and drinke
to them a saucetful of Dyncgre, or thou passe
oute of thy chambre, house, or place.

¶ Also one of the Best gouernaunce of all, is
in blode lettynge, for thou shalt vnderstande
that a man, is in spyrytuall members pryncy
pall, that is to say, the herte, the lyuer, and the
brayne, and euery one of these hath his place
gyuen hym by kynde, by the whiche he may a
uoyde all superfluytes, and clense hym selfe

¶ The hert hath his clensynge place in the ar
me hole. ¶ The clensynge place of the lyuer is
betwixt the thyghe and the body. ¶ The clen
synge place of the brayne, is vnder the eare at
the rotes, and in the throte.

¶ Than this syckenes of Pestylence, cometh
thus, whan the pores of a man are open, than
fy:st

fyrst entreth the Venomus & the corrupt eye,
that assoone as it hath mastereye, and is myn-
ged with manes blode, than ronnet it to the
herte that is rote and grounde of mans lyfe/
for to infecte and destroye all lyuely spirites
in a man, and so fynally for to kylle and flee
hym, but the hert & the cleane blode flyeth off &
is noyous and contrarious vnto kynde. And
in asmoche as in hym is expelld all such ma-
ner of corrupcion and Venomus, from hym, to
his clensynge place to the arme hole, but than
for that place is for tyme stopped, that it may
not out, & it passeth then to the principall me-
mber next, that is the lyuer for to infecte & for
to destroye it. And than it doeth as the herte
doth in his kind, and expelleth it from him to
his clensynge place betwixte the thyghe & the
body for it is also sparred in case and stopped
that it may not out, but passeth the meates &
the Baynes vnto the thynde princypall mem-
ber that is the Brayne, but than he wolde ex-
pelle it to his clensynge place, that is vnder
the eres and it may not in case oute, therfore
the stoppyng and the sparryng of the meates
and pores, and for thynkenes of the foule and
corrupte blode, and the Venomous matter is
mouynge that is myngled therewith, and thus
longe time the matter is mouyng or it resteth

in any place, sometime. xii. houres, & somtyme
 xviii. houres, and somtyme more and somtyme
 lesse, after the degree & the gentylnes and
 the greatnes of the sykkes corrupcions and
 Venomes that be generated, but than at the last
 somtyme with. n. xliii. houres it passe not out
 at the clensyng place, nor at none other place
 throughe bledyng, thā it fyxtures in some pla
 ce, and caste a man in an agur, and maketh a
 Botche in some of the thre clensyng p^oaces, or
 els nere vnto them on some Vaine, for ye shal
 wel wete that a Botch groundeth hym euer mo
 re, and setteth hym on a Vayne and letteth the
 Blode than, that it may not haue his kyndely
 course by the Vaine as he shuld haue, but it is
 infecte therby. And so all the princypall & spy
 rituall membres are infect & thus sleeth man.

¶ Finis.

**¶ Thus endeth the thyrde partyc of
 this pestylence treatyse.**

¶ For to spourge the heade Cap. vi.



Take the seede of Stauesacre, &
 bete it small to powdre, & whan
 it is beten small, take a fyne ly
 nen clothe, and put the powder
 therin, and make therof a ytell
 Ball, the quantite of a great ha
 sell nutte, and put it in thy mouth, & toll it to
 and

and fro betwyxt thy teth chawynge holdyng
downe thy heade the space of an houre, and it
wyl spourge thy heade and thy Eumes, and
kepe thy teeth from akyng.

¶ Also for to spourge the hed Ca. vii.

¶ Take the rote of Delater of Spayne, and
chawe it betwyxt thy teth to and fro a good
whyle, and it wyl spourge well thy head, and
also fasten thy tethe. and spourge thy gumes.

¶ For the hedache Ca. viii.

¶ Take hemlockes and seth them till they be
soft as pappe, than lay them to the heed there
the payne is. & let them lye all nyght, & on the
mornynge lay another hote playster of the sa
me & do so. ii. or. iii. tymes, and he shal be hote.

¶ For akyng of the heade Ca. ix.

¶ Take and make lye of Drwayne, or els of
Betayne, or of wormetwod, & therewith washe
thy head thysc in the weke, and it shall do the
moche good, and take away the ache.

¶ For the toth ache Ca. x.

¶ Take Betayne and wylde gourdies, & seth
them in wyne or els in bynegre, and than put
it in thy mouthe as hote as thou mayst suffer
and holde it a good whyle in thy mouth, and
it wyl take away the payne.

¶ For the ache of a holowe toth Ca. xi.

¶ Take Assafetida and put it in the toth that

is holow, and it wyll apprase and take away
the ache.

¶ Also for the toth ache La. xlii.

¶ Take henbane and bruse it, and holde it be-
twene thy teth a good while, & lay it vpon the
toth y^e aketh & it wyll swage y^e payne anone.

¶ Also for the toth ache La. xliii.

¶ Take the seide of henbane and cast it vpon
a chafyndyffe of Charcole fyre, & holde thy
mouth ouer the fyre, that the smoke maye en-
tre into thy mouth & also than hold thy mouth
ouer a basen of fayre clere water, & thou shalte
se vpon the water as it were small wormes, y^e
shall come droppynge out of thy mouth. Also
take the seide of henbane & bete it to smal pow-
dre and medle it with wape, and make a lytel
pellet that it may be full of powdre without
forth, and put it in the hole of the holowe toth
that aketh, and it wyll lyghtely see the ache
of the tooth.

¶ Also for the toth ache La. xliiii.

¶ Take the roote of Henbane and sethe it in
vynegre to the thyrde partye besoden away,
and with the same washe thy mouth, and hol-
de thy mouth full a good whyle, & it wyll see
the toth ache. Also take the rote of Henbane,
and holde it betwene thy akynge teth, and it
wyll do away the payne.

¶ For

For the stencche in the mouth *Ca. pvi.*

Take the Juice of Veruayne and bruse it / and put it in thy mouth, and holde it a good whyle close in thy mouth, and it wyll take away the stencche.

For a stynkynge breith *Ca. pvi.*

Take oyle Dore, Turpentyne, hony, oyle olyue, Virgyn wape, as moche of one as of another, and boyle them all together, and make an oynement therof, and vse it every day in the Pacientes nose thrylles, and let it be put into the nose every day in the mornynge with two tentes made of lynt scraped of fyne linnen cloth, and he shalbe hole.

For ache and wormes in the eres *ca. pvi.*

Take the Juice of henbane and put it in to thyne eares, & it wyll take away the ache and sle the wormes in them.

A preciousse water for poyson, and specyally against pestylence. *Ca. pvi.*

Take turmentyll, scabious, goldeo, detayne and pympetnell, of eueryche a lyke moche and destyll therof a water, & drinke it fastyng every day in the mornynge, fyrste nexte your hert, for it shal do you moche good.

For connyngc eyes *Capit. pvi.*

Take blacke snayles and seth them in faire water, tha take the grece that is on the water

and therewith annoynte the eyen that be wate
rre, and ronneth.

For red blered eyen **La.** xxv.

Take the ioyce of Rue, and powdre of **L**bs
men, medle them togyther, & than take cotton
and depe it well therin, and lay it therto, and
anoynte thy temples, the browes, and the syd
des of the eyen therewith, and they shal be hole.

For eyen y be dasuned or dryke **La.** xxvi.

Take the rote of red fenell in wynter, and
in somer the leues, or els both rotes and leues
and stampe theym, and krynge oute the iuce,
and tempre thy iuce, with fyne claryfied hon
ie, and make therof an oynment, & anoynt
the eyen therewith, and it shall put awa ye the
darknes, and shall clere the syght.

A precious water for the syght of
the eyen **La.** xxvii.

Take smalleche, red fenell, rue, Betuayne,
Wetayne, Egrimonie, Dymprnell, Eustrage
saunge, salendyne, of eueryche a lyke moche of
quantyte, and washe them well and clene and
stampe theym, and put theym in a fayre bras
sen panne, and take the powdre of **ps.** **P**eper
cornes fayre sarced into a pynte of good why
te wyne, and put it vnto the herbes, with **iii.**
sponefull of lyfe hony, and **v.** sponefull of the
water of a man chyld that is an Innocent/
and

and medle them all together and boyle them
ouer the fyre, and whan it is sodde strayne it
throughe a cleene linnen clothe, and put it in
a glasse and stoppe it well and close, tyll you
wyl occupye it, and whan nede, is do thereof
in to the soore eyen with a fetter, and yf it be
waxen drye tempre it with good wyte wyne
for it is very good for the syght of the eyen.

For a pynne, and the webbe in
the eyen La. piii.

Take a curtespe of cleene claryfied hōnye,
and as moche of woman amyke, that noyys
sheth a mayde chylde, and for the woman the
man chylde, and seeth them togyther, & whan
it is colde, put it in a glasse, and close it from
the eyre, and thus do. ii. or. iii. Dayes. ii. or. iii.
tymes every day, and he shal be hole.

For all eyelles in the eyen La. piii.

Take cleene claryfied hōnye one parte, and
more than of halfe the hōny of the gall of an
hare, medle them togyther in a vessell ouer
the fire but make it but luke warme, and kepe
it in a Glasse, but beware that thou take not
to moche therof in thynne eyen, for y quantyte
of a small pynnes heade is ynoughe at ones
whan thou goest to bedde, & that is sufficient
for. vii. yeres yf a man haue a pette, or a web
in this eye and it be not drye, put therto some
deale

deale more of the Gall, than of the Honnye.

For boylynge in the eyen **La. ppv.**

Take May butter and powdre of commyn and stampe theym together / and laye it on a linnen cloth to the eyen, and often tymes renewe it, and whan the boylynge is swaged, take saffron and womans mylke, & grynd them together, and drop therof in the sore eyen, and than thou shalt be hole.

For a synkyng birth **La. ppvi.**

Take.ii. handfull of powdre of comyn and seethe it in good whyte wyne, from a quarte tyll a pynte, and drynke this fyrste and laste alwayes hote. and he shalbe hool within. .ix. dayes drynkynge.

For the stomacke that is hote and swollen, **La. ppvii.**

For the stomacke that is hote and swollen take the rote of Smaleche and stampe it, and put it in swete wyne, or in other good wyne al a daye and a nyght, and than let it be passed throughe a fayre linnen cloth, and put it in a cleane vessell, and use to drinke a quantite ther of every day fastynge. viii. or. ix. dayes duringe and he shall be hool.

For the stomacke that aketh, that cometh of colde **La. ppviii.**

For the stomacke that aketh that cometh of colde

colde, take an herbe that is called Poley, and
dye benes, and an handeful of syngrige and
as moche of this Poley, and putte it in a Besi
sell with fayre water, & let it sethe there on the
fyre, tyll the thyrde parte of the water, be so-
den awaye. and put therto sugre of stonz and
a curtesye of honnye, and drinke it. Vi. dayes
fastynge, and he shall be hole.

¶ For to force the stomacke La. ppiij.

¶ To force the stomacke take, canel. iij. poyes
and. i. poyes of mastyke, and. i. poyes of the pa-
rynges of Pomegranades, & halfe a poye of
galyngale, & stampe all these togyther / and
tempre it with honny that hath ben boyled on
the fyre, and wel scummed, and vsge of this as
moche as a nut euery day, durynge. iij. dayes
fastynge, and he shall be hole.

¶ For the stomacke and the bely that
aketh La. ppp.

¶ For the stomacke & the bely that aketh, take
the floure of an herbe that is named Nema-
ham, that is lyke to mynt, and it hath a good
sauour, take. iij. poyes of Cosmet, &. vii. poyes
of water, and sethe al togyther to the. iij. part
and with suger drynke this. V. dayes fastyng
in the mornynge, and he shall be hole.

¶ And a man be Sycke at the stomacke,
or in the bely, or at the herte, or heed,

or were bytten with any euill Venomous
Beest, or poysoned Ea. pxxi.

¶ And a man were by the waye trauayling,
or in his house, and he had all these syckenes,
and he had with him a Lectuary, that is made
of .v. thynges, and he ate therof, or drynke
therof in water. .iii. poynts, or .iiii. he shulde be
hool and he vse it .xv. dayes fastynge, when
he goth to bed last, he shulde be hool of all the
syckenes in his body, & he drynke euery tyme
two poynts, and these thynges they be, Scor-
logio, Moire, Genciana, Glandor, and
zataont as moch of one as another, & stampe
them and straine them, and medle them with
hony that hath ben well boyled on the fyre, &
well scummed fayre and clene. For this is cal-
led the Lectuarie of lyfe.

¶ A good medycyne for rysynge vnder
the stomake Ea. pxxii.

¶ Take peper, longe peper, graynes, saffron
gynger, annys, lycoris, and sugre, sethe all
these in good ale tyll it be thicke, and gyue it
the sycke to drynke, and he shal be hool.

¶ Also a good playster for the rysynge
vnder the stomacke Ea. pxxii.

¶ Take parowe, otherwysse called mylfoyle,
red fenell, red myntes, borage, rue fetterfoy,
cote leues, perytoxy, egrymony, of euery the

a lyke moche, and the grece of a barow hogge
for a man, and for a woman of a yelke hogge
that is of a sowe kynde, and sethe theym all
toggyther in good ale, & make a playster ther
of, & laye it to the stomacke as hote as it may
be suffred. ii. or. iii. tymes, and he shalbe hole.

¶ For to dystroye the hete in the
stomacke La. pppiiii.

¶ Take fayre clere water and boyle it well,
and scūme it, & put therin sheuers of browne
breaude, and let them lye therein an houre, tyll
the water be almoste colde, and than drynke
therof. ii. or. iii. dayes by dyuers tymes, and
he shal amende in shorte tyme.

¶ For biennynge in the stomacke.
La pitu. pppv.

¶ Take and cate grene percelly & galyngale
without any other maner of thyng.

¶ For to auoyde slewme out of the stomacke
and also the heade La. pppvi.

¶ Take powder of Desater of Spayne, and
powdre of Lōmyn, powder of longe peper,
powder of gynger, mustarde, Bynegre, and
medle them toggyther, and chaffe them on the
fyre vntyl they wape thicke, and thā as hote
as ye maye suffre, putte patte therof in your
mouth gaskynge i your throte vp and downe
but lette none entre in to your stomacke, and

do this dyuers tymes, spyttyng out be the
space of an houre, and this is a gargarysme.

¶ For all euylles in the stomacke

Capitulum. pppvii.

¶ Take asshe seede, synne seede, and E dmen,
of eueryche a lyke moche, and gyue it to the
sycke bodye to drynke with hote worte, or els
with fayre hote water.

¶ For a dyscase at y herte La. pppviii.

¶ Take Senuarye and seth it in stale ale,
whā it is well soden stampe it in a morter and
seth it agayne with the same lycoure, & than
clense it throughe a cloth, & pporcion the iuce,
to.ii. sponesful of the iuce, put thereto.iii. spones
full of claryfed hōny, & than boyle it well to-
gyther agayne, & put it in a bove & giue it to
the pacient euery daye.iii. sponell fastynge,
tyll he be hole, & this shal do away y glut fro
his herte, & make hym haue talent to meate.

¶ For wekenes of the herte La. pppix.

¶ Take Rose water, and Peiles Betyn smal
to powdre, and medle it with sugre, & drynke
it ii. or.iii. dayes, and it shal do the good.

¶ For fayntes of the herte La. pl.

¶ Take the fylinge of golde, and the powdre
of the bone of a hartes herte, medle with the
iuce of borage and sugre made in syrope, for
that is very good for swoynge.

¶ For

For the brest that is encobred **L a.** **psi.**
Take Ilope & sethe it in a pottell of wyne
tyll that it come to a quarte, & let the sycke use
therof fyrst in the mornynge, and last at enny
hote, and at morowe colde tyll it be hole.

For a man, woman, or chylde, that is
broken in the hely **L a.** **psii.**

Take in Maye the tender croppes of herbe
Osmunde, and dye theym with the wynde,
and not in the sonne, and make powdre ther
of, and sarcel it and kepe it dye in a bladder,
& let the pacyent drynke of that powdre with
whyte wyne eue n and morowe, wynter and
somer, saue in Maye. In Maye drynke of the
tendrynges of the sayde Osmunde, for this
drynke wyll make the broken helye grene as
it were newe broken, and the pacyent muste
be well and easely trussed, that he or she maye
go with it all daye, and lye with it all nyght
tyll he be hole, and that wyll be within .iiii.
dayes, yf he be well ruled, for he muste lye
dryght as moche he may both day and nyght,
and not strayne his helye, but as lytell as he
can. And he muste kepe him lape as longe as
he is sycke and lye in his bed. ii. houres in the
mornynge after he hath dronke this medicine,
and muste eat no whyte meate tyll he be hole,
nor walke but easely for straynyng.

The playster to knyght hym La. p^{lii}.
Take Polypody that groweth on an oke,
the roote therof and pare them cleane, and the
rootes of Elena cāpana, and pare them cleane
and than beate them in a morter, as small as
thou canste, and temprie it with oyle of Baye
and make a thicke playster, and laye it on a
thicke clothe a good quantyte, & lay it there
the syke is greued vnder, the trusse from the
curn vntyll the morowe, and on the morowe
chaunge it agayne, this is for al the ycare saue
in Maye, the leues be better.

For the playster in Maye La. p^{liii}.
Take Polypodye leues, and the leues of
Elena campana, and Daysy leues, and bete
them small, & temprie them with oyle of Baye
as thou semeest best to make a playster, & laye
it there the soe is eyn and morowe, and he
shall by the grace of God be hole.

For to breke wynde in y bely La. p^{lv}.
Take comyn fenell seede, and annys seede
beaten to powdre, than sethe it in wyne and
drynke it fyrste and laste.

For a swollen wombe La. p^{lvi}.
Take the iuce of Rue, and let the pacyente
drynke it with wyne or ale, and he shall be hole
on warrantyse.

For a kynge of the wombe La. p^{lvii}.
Take

Take tansay, rue, sothernwode, and eat
them with salte, and he shalbe hole.

For the herte biennynge **La.** **pl.iiit.**

Take the croppes of fenell, and chew it in
thy mouth, and sucke the iuce therof, & spette
out the other parte, and he shalbe hole.

For sore sydes within forth **La.** **pl.ij.**

Take alysaundres, persely, sonage, red fe-
nell, smalegge, burnet, and gromell, and sethe
theym in whyte wyne, tyll halfe be consumed
than strayne it & let the sycke drynke it fyrste
and last, at euen hote, and at morowe colde.

Contra telam et maculā in oculo **La.** **l.**

Take fenell, Vns et goldes, Beruayne, and
betaine. An. and stampe them & tempre them
with ale or whyte wyne, and strayne it, and
than stampe .ix. lowpes, otherwysse called
Eheslockes, and put them in to the sayde ly-
cours, and gyue it to the pacient to drynke.
ix. dayes folowynge. and he shalbe hole.

For a womans pappe & is sore **La.** **li.**

Take the roote of bryan, & is to say, wylde
Neppe, and make bare all the ouer parte of
the sayde roote, that is to saye, the toppe of
the roote and make an hole therein, and couer
it with a tyle stone & putte it in the earth, and
lay earth vpon it, and let it stande so .iiii. or .v.
dayes, than open it and take the iuce that ye
fynde

fynde in the hole and kepe it in a glasse, and
therwith anoynt the brest and it shalbe hole.

¶ For the lyuer that is corrupte and
wasted La. lii.

¶ Take a good quantite of lyuer worte, and
bruse it a lytell, & than seth it in good stronge
worte with a quantyte of Rubarbe, and vse
this medycyne and thou shalte be hole.

¶ For the herte in the lyuer La. liii.

¶ Take the iuce of sowre apples, and swete
apples of eche a pounce or more, as moche as
you thynke beste, and .ii. pounce of sugre and
medle these thynges togyther, and lette them
boyle on a simple fyre tyl it be thicke as a sy
rope, and vse this curtesye therof every daye
fastynge with luke warme water.

¶ For the herte in the lyuer of a man that
his colour is yelowc La. liiii.

¶ Take the water of Sycore, and water of
Lecture, and the water of the leues and small
braunches of a wylde morret tree, or els take
the herbes and flampe al these togyther, and
as moche of one as of another, and take the
iuce of these thynges, and as moch as al this
of sugre, and boyle al togyther vntyl it be as
thicke as syrope, and than put therto a poyse
and a halfe of Rubarbe, & vse a quantyte of
this syrope in colde water every day fastynge
and

and laste at nyght and he shalbe hole.

For the brest that is encobred La. lvi.

Take and drynke. viii. dayes or. ix. of the
summer, that cometh of sylke wormes, euerye
daye a poys in syrope of Asope, and yf a man
may not haue this drynke, take the pure hert
Dolignam also in syrope of Asope. x. dayes,
and he shalbe hole.

For a man that hath wormes in his bely
and his body be lene La. lvi.

Take the galle of a kowe, and floure of
Lupinus a curtesye and medle theym toggyther
and make a playster of wolfe, and laye it on
his bely where the grefe is, and doo this. iiii.
or. v. dayes, and he shalbe hole.

For the brest and the lunges La. lvii.

Take a quatyte of claryfied hony & boyle
it, and whan it is boyled putte therto halfe a
pounde of pere wardynes mynsed, and boyle
theym well toggyther, and than put therto an
ounce of powdre, made of the rotes of Elena
campana, and an ounce of powdre of lycoris
and let them boyle tyll it be somewhat styffe,
than take it from the fyre, & whan it is nyghe
colde put therto an ounce powdre of gynger,
& styre it well toggyther, Use this fyrste & last.

For to anoyde & distroy flume La. lviii.

Take percelly rotte, fenell rotes, perytory,

G. i.

and

and Iſope, and ſet the theym in good ale with
lycores, and a quantyte of claryfied honny,
and Use to drynke it, and thou ſhalt be hole.

¶ For the ſtone Ea. liij.

¶ Take the roundes of thornebacke and dry
theym fayre, and make powdre therof, & than
take therof. ii. ſ. weyghte, and put therto two
ſponefull of water of Ramſyne, & drynke it
euery daye, and euery nyghte, and than thou
ſhalte be hole. And yf it be a great ſtone take
a ſponefull of water of ſtone croppe. ii. ſpone
full of water of Ramſyne, & ii. peny weyghte
of the foresayd powdre medled togyther, and
Use this medycyne. iii. tymes, and thou ſhalte
be holpe, be the ſtone neuer ſo great.

¶ Also for the ſtone Ea. lxx.

¶ Take the blode of a male Kyd, and dry it
in an ouen and make powdre of it, than take
gromell ſeede, grounde Iur berpes. ſtanmar
che ſede, the rote or the ſede of Sappfrage, ro
tes of Turmentyll, and of phyllypendera, by
euery porcyon, and bete all to ſmale powdre,
than take as moche as the powdre of kyddes
blode, and of the ſedes and rotes abouſayd,
and Use this powdre whan nede is in ſauce or
in potage, a peny weyghte at ones & no more.

**¶ For the Collycke, ſtrangury, and
the ſtone Ea.** lxxi.

¶ Ea.

Take Careaway, fenell seede spyken ared
annise, comyn, synamum, and galyngale, of
eueryche halfe an ounce, gromell seede, and ly-
cores, of eueryche of them an ounce, and se the
weight of all them, & bete them all to powdre
and put halfe a sponsefull of the same powdre
in ale luke warme and drynke it, and walke
therafter an houre, or thou eate or drynke any
maner of thyng.

For a man that is lepre, and it in his
legges and go vppwarde La. lxi.

For a man that is lepre, and it take fyrste
in his legges and go vppwarde in to his body
he may be soone hole, and yf he wyll take a
Charabot, that is to saye, a Bettyl and bren
it to ashes, and seate it all to powdre small,
and than take old barewe grece, and melt it
well on the fyre, and tempre it togyther, and
as muche as halfe that Blanchet, and make
an oynmente therof, and vse it on the soze,
and vpon the oynment, loke that ye put a
plate of lede, full of small holes in many plas-
ces, and chaunge it both in the mornynge and
at nyght the oynment, but not the lede, and
he shalbe soone hole of that syckenes.

For a dettre in a mans flesshe La. lxi.

Take a worme that is called a Pieachar,
that is as great as a benc, & is clene blew or
g.ii. sendre,

sendre, and it hath many smale fecte, & whyte
Vnder the bely. And whan a man toucheth it
he waxeth rounde as a boton, take ʒ worme
and rubbe it well agaynst the derte, so that it
be all broken, and do this euery day. iiii. or. iiii.
tymes, and at euery tyme rubbe. iiii. wormes,
or. iiii. and anon it shalbe hole.

¶ For a sauce flume Dysage La. lxxiii.

¶ Take Elena campana and seth it in a pot
with Vynegre tyll it be soden in, than stape it
small, and than put thereto quykesyluer, and
brimstone, and gyltes grece, and bray it togy
ther and make therof a playster, and lay it to
the Dysage all nyghte, and vpon the morowe
wasshe it of.

¶ For hym that may not holde his water
Capitulum. lxxv.

¶ Take gotes talowe and bren it, and make
therof powdre, and put it in to the pacyentes
potage, & let hym vse this and he shall pyssse
mesurably ynoughe.

¶ Another for the same La lxxvi.

¶ Take Synshone and shepestalowe, and
sethe them well togyther, & as hote as it may
be suffred laye it to the membre, and he shall
make water anon.

¶ For to dystroye flume La. lxxvii.

¶ Take betayne and dry it, and make therof
powdre,

powdre, and kepe it tyll thou haue nede, and
whan thou wylt occupye therof take a quan-
tyte of honnye and of the powdre, and make
therof .ii. or .iii. pelletes, and swolowe theym
downe all hole laste whan thou goest to bed,
and that shall do the moche good.

¶ For a wombe that is harde **Ca.** lxxviii.

¶ Drynke the iuce of waybred with olde wy-
ne and he shall be eased.

¶ Also another for the same, take cynasfoyle,
that is to saye, fyue leued grasse, and stampe
it and drynke it with hote mylke, and he shall
be eased.

¶ For the bloody Menyson **Ca.** lxxix.

¶ Take mylfoyle and plantayne of eueryche
a lyke moche, stampe them all togyther, & ke-
pe it, and whan thou wylt take therof tempre
it with wyne, & lette the pacyente drynke it, &
he shall be hole.

¶ For a mans stones that be swollen
Capitulum. lxxx.

¶ Take an herbe that is called Marcellie i
frenche, & frye it well in oyle Dlyue, & lay it
to the stones that is swollē, as hote as it may
be suffred. viii. dayes or more & nede be, for
this wylle hele the swellynge.

¶ For to make one sklendre **Ca.** lxxxi.

¶ Take and seth fenell in water and drynke
g.iii. the

the water last at euen. and fyrste at morow, & it shall swage hym or her shortly.

¶ For hym that lacketh wynde La. lxxvii.

¶ Take malowes, marcurce, & borage & seth them toggyther with a peace of porke, and make therof potage & eate it, & drynke the Broth with white wine, or with whey made of milke

¶ For hym that is costyfe La. lxxviii.

¶ Take the iuce of wallworte, & medle it with honny, and gyue it the pacyent to drynke.

¶ For a wyckede blaste, and wynde in the Bysage La. lxxviiii.

¶ Take an henne egge & roste it harde, than take the whyte therof, and an ounce of Lope ras, & bete it toggyther small in a brasyn mortar tyl it be lyke an cyntment, and therewith annoynt the face that is blasted, and whan it is hole, than annoynte it with Populyon, & that wyll souple the skynne, and make it hole.

¶ For the Shynyles La. lxxv.

¶ Take Doves donge and Barly meele, & stampe them toggyther, and tempre them with ayself, and laye it therto.

¶ For the Rowghe La. lxxvi.

¶ Take nettles that be gathered betwene S. Mary dayes in Haruest, of them that beareth fede, and dry them in the sonne, and rubbe out the fede, and grynde it to powder, & drynke it
with

with ale, and thou shalt be hole.

For hym that hath the peryllous
Rowghe Lap. lxxviii.

Take Saunge, Rue, Comyn, & powdre of
peper, and seth them in hony, and make therof
a Lectuary, & Use therof a sponse full at euyn
and another in the mornynge.

For the Rowghe, that is called the
Lynke Rowghe La. lxxviiii.

Take the rotes of Horsehele, and Comfery
as moche of one as of another, and stampe
them small in a mortar, seth them in fayre wa-
ter, tyll the halfe dele be wasted, & than take
the thyrde parte of hony boyled and scūmed,
and put the toggyther, and make therof a Lec-
tuary, and do it in a box, and let the sieke Use
therof. v. dayes or. vi. a good quātite at ones,
fyfste and laste, and he shal be hole.

For the Tche La. lxxv.

Take frankensence, and Bray it small, and
medle it with oyle of Baye, and than anoyte
there as it Acheth: &c.

For to drawe a Syle from one place
to another La. lxxvi.

Take an herbe y is called Oculus christi,
and Vernaïne and make a plaister of it, and
lay it from the Syle. ii. syngers brode, & whan
it hath lpen a good whyle remoue it, and do so
stylle

styll, tyll it be there that thou wolde haue it, &
there let it breake. 

For hym that pysseth Blode **La. lxxxi.**
Take percelpe, ambrose, & bursa pastoris,
of eueryche a lyke moche and stampe theym &
tempre them with a quantyte of gotes milke,
and strayne it, and let hym drynke it. iiii. daies
euyn and at morowe, and this wyll staunche
hym shortly.

For a man that hath loste his
mynde **La. lxxxi.**

Take the iuce of Goldes, of Sauge & of
wourme wood, of eueryche of them a sponesfull,
and take as moche of white wine, & put therto
and let hym drynke it at euyn, & as moche at
morowe colde, and serue him thus fyue dayes
durynge, and he shalbe hole.

Another for the same **La. lxxxi.**

Take and shau of the heer of the molde of
his heed, than take Archangel and stampe it,
and bynde it to his heed, where it is shauen, &
let hym take a slepe therewith, and whan he
waketh he shalbe right weike, & sobre inough

For hym that hath the frenesye
Capitulum. lxxxi.

Take oyle of roses, oyle of Diolettes, and
of eueryche of them .xx. poyes, and as moch of
water of Ecorde, and put it in a new Bessell
than

of earth, & boyle it tyl al the water be fayled,
thā put out that, and put in other in the same
Vessel as moch of that water, and boyle it thus
seuen tymes, & then put therto halfe of the .iii.
parte of a poys of Lāfere & medle it wel togy
ther, & vse it on his heed whā it is new shauen.

¶ For a person that Domyssheth to
muchē La. lxxxv.

¶ Take Roses and boyle them well in good
stronge Vynegre, and make a playster therof,
and laye it to the persons stomacke.

¶ For a man that hath a dysease in
his eares La. lxxxvi.

¶ Take fayre oyle Olyfe, & let it be blowen
out of a mans mouth, that is cleane & fastyn
ge in to the eares of the sicke man, and let this
be done .iii. or .iiii. tymes, and let that syde of
the heed be turned downewarde, that y^e ordure
of the heed maye runne out, & vse this. Viii. or
ix. dayes, and he shal be amended.

¶ For a man that his eares swene
within La. lxxxvii.

¶ Take Almondes, and the Larnelles of Pe
ches, and let them be cleane pylled i hote water
and make oyle of them, & let that oyle be put
in to the eares of y^e sycke body with tentes ma
de of fyne linnen cloth, & vse this. Viii. or .ix.
dayes and he shal be hole.

For synewes that shynte after they haue
ben hurte and heale d La. lxxxviii.

Take enſe, calasome, mastike, hantit, tur
pentine, galbenon, Disque, & mary of an asse
shupes suet, olde swynes grece, & butter, and of
eueryche of them halfe an ounce, thā take an
ounce and an halfe of waxe, and an ounce of
oyle of rue, and stampe them & boyle all these
thynges togyther, and make in maner of an
oyntment harde to make plaisters, & than ma
ke therof a playster and lay it on the hurte
sewewes, and let this lye. xv. daies or more, and
they shall stretch out well.

For to staunche blode La. lxxxix.

Take an herbe that is called Lunemasse
and stampe it, and lay it on the wounde, or ta
ke the grene leues therof, & lay vpon the wou
nde, and it shall staunche. and yf a mā may not
haue this herbe, let him bren the fethers of a
cockes necke, and take the ashes of the, and
laye the ashes on the wounde, and the blode
shall soone be staunched.

Also to staunce blode La. lxxxix.

Take a pease of salt befe that is wel salied
or els a pease of salt befe that hangeth in the
rofe, & couer it i hote embres tyl it be thorough
hote, and take as moche as wyll stop the hole,
and binde it fast to, as hote as the paciēt may
suffre

suffre it, and it shall staunche anon, but lette
the beefe be fatte and lene togyther.

¶ For an empostume **℞a.** **℥xxxvi.**

¶ Take barley & dry beanes, and lycches, and
let boyle the with fayre water all togyther, of
eueriche a lyke moche, and drinke therof with
sugre eury day fastynge, and at night whan
he goth to bed, and vse this. vi. dayes or more,
and he shall cast out the postume.

¶ For spettyng of blode **℞a.** **℥xxxvii.**

¶ Take ache, mintes, rue, and betaine & seth
them togyther wel in good milke, and gyue it
hym to drynke fyrste in the mornynge, & last
at nyght, and he shalbe hole.

¶ For wyld fyre, that is called the
fyre of hell **℞a.** **℥xxxviii.**

¶ Take red wormes of the earth, and the rote
of Valerion, and stampe them togyther, & lay
it therto, and take Valerion the rote and the le
ues & stampe it, and tempre it with water and
gyue hym to drynke, and he shalbe hole.

¶ For the bytyng of a mad dogge

Capitulum **℥xxxix.**

¶ Take the sede of boy & stampe it, & tempre
it with holy water & giue it hym to drynke. &c.

¶ For to do away a wenne **℞a.** **℥xxxv.**

¶ Take & binde fast the wenne, thā take ver
digrece, sulphur, sope, oyle of egges alom and

℥.ii.

hony

bonny, and tempre them togyther. and lay it
therto, and it shall do away the wenne, & hea
le without any doubte.

For to breke a felon i a nyght La. lxxxviii
Take powdre made of cantarides, & tem
pre it with clene shepes talowe & make a play
ster therof & lay it therto, and it shall breke.

For the mygtym La. lxxxviii.

Take.iiii. handefull of redde Rose flowres
fresshe in somer, & in wynter welked, &.iii. han
deful of camamel, and as moch of Bernapne
and breke them small with thy hādes & boyle
them in a pottel of white wyne of gascoyne if
it may be had, or els in rochell wyne vntyll it
come to a quarte, and put them in.iii. bagges
broched flat lyke a playster, and lay there the
ache is, as hote as the sycke maye suffre, and
chaunge them hote and hote, durynge a day
and a nyght, and longer yf nede be.

For the morfewe La. lxxxviii.

Take water of elder & drynke it.iii. spones
ful in 3 mornynge.ii. or.iii. tymes, & whan ye
receiue it. walke after and catche a good hete.
And thā take a pynte of whyte Bynegre and.
ix. oke aples, and cut them and layne theym.
iii. dates, and.iii. nyghtes in the same Bynegre
and after take a sayre lynnyn clothe and put
the aples in the same clothe, & strayne them, &
with

with the lycoure therof & anoynt thy body. till
dayes, and it wyl do away the moxfewe.

¶ For to stop the flype *La. lxxxix.*

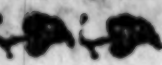
¶ Take an onyon and rost it tyl it be tendre
than bruse it and lappe it in a linnen cloth, &
put it betwixt the clyst of the buttockes euin
ioynynge to the foundement, & set hym down
ne therupon, as hote as he may suffre alonge
time, and take an other onyon and plucke out
the core, and fyl the hole ful of frankensence,
and englysse the saffron, and take the couering
of the onyon and couer the hole, and put it in
the embres, and let it boyle tyl it be somewhat
tender, and than put away the coueryng and
lay ʒ onyon as hote as it may be suffed vpon
his nauell hole, and bynde it fast that it fall
not away and he shal be hole.

¶ For the Canker, wyldc fyre, & ignis
sancti Anthonii *La. l.*

¶ Take & rost Serell in a wete linnen cloth
the space of halfe an houre, vnder the hote em
bres, and than stampe it with fyne claryfied
honny and lay that to the soze, and withoute
doubte, it wyl do away the brenninge blacke
nes, and stycke, and heale it perfytely.

¶ For to make heere to growe *La. l.i.*

¶ Take and seth malowes rotes and all, and
washe the place there as the heere lacketh, &
h. iij. it

it shall growe. cc. 

For to drawe awaye heere **Ea.** **E.ii.**

Take horse leches & bren them to powder,
and mynge it with yself, & towche the place
there the heere groweth, and it shall growe no
more there. cc.

For a scalde heede **Ea.** **E.iii.**

Take a peny worth of lampe oyle, & halfe
a pynte of fayre water, and boyle it wel togy
ther and when it is colde put thereto an halffe
ny worth of quicke syluer, and temple it well
together, and anoynt the heede.

For the yelowie Jaundes **Ea.** **E.iiii.**

Take a quantite of turmerike, & as moche
of yuory beten to powder, and as moche of the
inner bark of barbery tree, and a quantite of
Englische saffron in powder, and medle them
all together, & drynke it with mylke. iii. or. iiij
dayes fastynge in the mornynge.

For the blacke Jaundes **Ea.** **E.v.**

Take genciana, longe peper, calamus aro
maticus, auencis, lycorcs, reysyns of coraice
whyte sope of spayne, of eueriche. i. 3 and two
sponesfull of mustard, and boyle all these in a
quarte of wyne tyl the thyrde parte be wasted
and let the pacyent drynke it.

For wormes and heate in the
handes **Ea.** **E.vi.**

Ta

Take Ehykewyde and bruse it a lytel, and
than seth it in ronnyng water, tyll the water
be halfe wasted away, than take & washe the
sore handes therin, as hote as the paciēt, may
suffre it and do thus. iiii. or. iiii. dayes duryn
ge and he shal be hole.

For the gode L. a. L. vii.

Take red myntes, and cressons, & vnsetle
kes, and let these herbes sethe well togyther &
washe there as the sykkenes euerye daye two
tymes a day, and yf ye can not haue these her
bes, let y sycke body be washed with hote wa
ter, and anoynte hym before the fyre or in the
sonn: with this oymēt, and robbe him well
therwith. Take Virgyn wax, turpentyne, saf
fron, the yolke of an egge, oyle of rue, oyle of
Almondes, May butter, oyle of nuttre, oyle
doret, the grece of a barowe hogge, oyle of ca
mamel, and shepe suet, with good clarified hō
ny, and let all these be medled togyther, & boy
led fayre and easely by the fyre.

For sore knees that doth swell
and ake L. a. L. viii.

Take rue, louage, & stampe them togyther
and put therto hōny, and make therof a playe
ster, and lay it to the sore knees, and that shal
fet awaye the swellynge and the ache.

For the fallynge cyp? L. a. L. ix.

Take

Take the blode of his lytell fonger that is
sycke, and wyte these.iii. Verses folowynge,
and hange it aboute his necke.

Jasper fert Myram / thus Melchior /
Balthazer aurum.

Hec quicūq; secum portat tria nomina regum.
Solvitur a morbo / domini pietate caduco.

For brennyng and scaldynge
Capitulum. E.p.

Take fresshe gees Donge, and frye it with
fresshe butter, and shpes talowe, & strayne it
thronghe a cloth, and laye it on the sore, and
it wyll hele anon.

For the brennyng with fyre La. E. vi.
Take the rynde of an elme tree, and seth it
halfe a daye in fayre water, and let it kele, &
gather of the thyeke that thou findest Upon
water with a fether, and every day anoynt it
with the fether eyn and morowe.

For to hele hurtes & woundes La. E. vii.
Take malowes and seth them wel, & whan
they be well soden, take & stampe theym, and
than take olde barowes grece, and clene barley
mele, and mynge, the iuce, the mele & the grece
all togyther, and make a salve therof, for it
is a redy healer.

Also to make a salve to drawe and
to hele La. E. viii.

Ta.

Take a quarttron of a poude of Birgin wax
and two ounces of shēpes suet, and melt them
togpyther a lytell, and than take thē from the
fyre, and put therto an ounce of frankenscece
and stere it well togpyther, and do it in a bop,
and this wyll both drawe and hele.

For styngyng of Edders and
snakes **L. a.** **L. piii.**

Take dragons and drinke it, also stampe
dragons and laye it to the place there the styng
gynge is, and that shall sucke out the Venym
and sease the smertyng.

For hym that can not slepe **L. a.** **L. xv.**

Take pety morell and stampe it, and wryn
ge out the iuce, thā take .ii. sponesful of the iu
ce, and .iiii. sponesful of womans milke, and a
sponesfull of Dynegre and hete it, & therwith
anoynte his temples and his forehead, and as
it dryeth anon ynt it againe, and than wete a
cloth therin, and lay it vpon his forehead, and
Use this oftē times, & this shal make him slepe

For the palsey **L. a.** **L. xvi.**

Take the gall of an cpe, or of a hnl of onc
coloure, if it may be gotten, and .iii. or .iiii. red
onyons, and roste them tyll they be tendre, &
than stampe them wel in a bole dysshe, & myn
ge the gall & them togither, and loke there be
.iiii. tymes as moche of the gall as of 3 onyons
ii. **and**

and therewith anoynt well the place that is greued tyll be dronke in, & than take a soft shete newe washed, & warme it agaynst the fyre, & wrappe the sycke body therin, and this muste be vsed at nyght to bedwarde, and within .ix. nyghtes it wyll amende and make the flesshe growe though it be moche awaye, and yf the skynne be waxe thicke by canisshynge away of the flesshe, take red nettel croppes & rubbe wel the skynne, and the oyntment wyl better drynke in, and this oyntment is good for all maner aches, for euery body.

A Very good drynke for the Poxes.

Capitulum.

L. p. vii.

Take Salendyne, and Englysshe saffron the weyght of an halfe peny, and a farthynge worth of graynes, a quarter of longe peper, a peny weyght of mase, & stale ale, stampe your herbe, and powdre your saffron, & medle them all togyther, and than drynke it.

A salve for the Poxes La. L. p. viii.

Take white lede. i. quattron. ob. Verdegrece i. d. ob. mastyke. i. d. cofere. i. d. rosen. ii. ounces serionse. i. d. mercurie. ob. turpentine, brake all these in a mortar, and medle your turpentyne with oyle olyue, and than mynge the al togyther, and make therof a salve & anoynt the sycke body therewith and let hym lye & swete. &c.

Efor

For the gowte, or swellynge of ioyntes
and knobbes, that cometh of the ache
of the Doyes Ea. L. xix.

Take May Butter, & halfe a pounde of co-
myn, and a quarter of a poude of blacke sope
and a handfull of rue, & a lytell of shepe sewet
and stampe all these in a mortar, thā take the
gall of an ope, and a sponefull of bay salte &
frye all togyther in a fryenge panne tyll it be
thicke, than lay it on a wollen cloth and lay it
to the ache as hote as it may be suffered, duryn-
ge. iiii. weekes, and euerie weke a newe playster
and it shall take awaye the ache and the swell-
ynge without doubte.

For the Crampe Ea. L. xxi.

Say Vero, Barto, Battora, these must be
sayde thre tymes, make a crosse vpon it with
your hande, whan the Crampe cometh vpon
a man or a woman.

For the spottes of y morfewe Ea. L. xx.

Take and rost. iiii. egges harde, & put them
broken all hote in to a pynte pot with a pynte
of bynegre, and let it stande so. iiii. dayes, and
iii. nightes, durynge well stopped, & than clen-
se it throughe a linnen cloth, and wasshe the
spottes therewith tyll they be awaye.

To put awaye the rote of the mor-
fewe Ea.

L. xxii.

l. ii.

Take

this iuce with good redde wyne.

For all feuer agues, and for yonge chyl-
dren suckynge the brest **L a. L. ppv.**

Take powdre of Chrystall, and laye it to
sooke in wyne / and gyue it to drynke to the
nouryse of the chylde, and the suckynge chylde
shalbe hole. Also take the rote of morsus dia-
boli with the herbe / and hange it aboute the
necke of the chylde;

For to dystroye poyson **L a. L. ppvi.**

Take a quantyte of dragons, and a quan-
tyte of betayne / and a quantite of plantaine
and make hereswortes / & Use them. iiii. dayes
and this shall dystroye poyson and benym /
but the moste parte must be dragons.

For the Ague **L a. L. ppvii.**

Take Endyue, sowthystyll, daundelyon /
letuse / sorrell of eueryche a lyke moche / and
styllle these all togyther / and the water wyll
be passynge good for the agewe.

For the hote ague infected with pykylens-
ce taken betymes **L a. L. ppviii.**

Take the Juce of syngrene and the whyte
of foure egges, and fayre flowre of whete /
and medle it well togyther, and make ther
of a fayre playster, & laye it to the pacyentes
sydes, and than take the water of betayne, &
the water of pympernelle / and the water of sca

i. lii. byons

Byons, and the water of turmentyll, & water
of tradeys, of eueriche a lyke moche medled to
gyther and gyue the pacient to drynke.

¶ For the gowte *℞ a.*

℞. xxxij.

¶ Take Tansey and wormewoodde of eche a
lyke moche / temperatye ynoughe of shepes
sewte, accordynge to your herbes, and frye
them in a panne ouer the fyre tyll it be grene /
but beware it be not brent, and whan ye wyll
occupye it, cast a sponsefull of lynesede therin
and yf it be the colde gowte / lay it to hote, and
yf it be the hote gowte laye it to colde wynter
and somer.

¶ To drawe out ache *℞ a.*

℞. xxx.

¶ Take cantarides, and take of theyr heddes
and stepe them .iiii. or .v. houres in good wyne
gre / and than laye them vpon a playster of
diaculum, & aboue vpon them a fyne linnen
clothe, or els fyne double of lakone nexte the
skynne, and solwe in your cantarydes in man-
ner of a quylte / and laye it to the ache, and it
wyll make it to blysker / than prycke it oute
with a needle / and than take this medycyne
folowynge / and it wyll drye it.

¶ To drye the same *℞ a.*

℞. xxxi.

¶ Take grounde yuy a quantyte and stam-
pe it in a mortar / than take shepes sewet / and
put them both in a panne and frye them well
to gyther

toggyther / tyll it be grene / and than ye shall
strayne it, and make of it a cake, & whan it is
colde make therof a plaister broder than your
Lantaryes was, and within thre dayes after
all shalbe paste and drye.

For the swellynge in a mans knee or
legge that aketh **La. L. xxxii.**

Take a blewe or a blanket wolfe cloth, as
moche as wyl lap aboute the knee or legge, &
thā take the white of two or thre henne egges
and bete them wel in a treen dysshe and spred
it vpon the cloth, so done, than take the yolks
and bete them in the same dysshe, and put ther
to blacke sope as mache or more, & bete them
both wel toggyther, and whan they be wel betē
togitther it wil be a fayre salve, & thā sprede it
thicke vpon the same cloth, on the white of the
egges meately thicke, and lap it aboute the
sore knee or legge & rolle it, and let it lye thre
dayes and thre nyghtes, and it wyl fetch awaye
the swellynge and the ache.

For the ychz or scabbes **La. L. xxxiii.**

Take the seeds or the herbe called stauysa
cre & stampe these with portulake & with oyle
of baye, and anoynt the payentes body ther
with this is hote and drye.

F I N I S.

Imprynted by me Robert
Wyer: dwellinge in saynt
Bartyns paryshe, at
charynge Crosse.

Ad imprimendum solum



ROBERT & WYER

